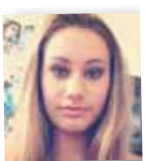




21 SWIMMERS REPRESENT BARBADOS AT CARIFTA 2014



Barbados will be represented by a team of **twenty-one swimmers** at the *2014 Carifta Swimming Championship* which will be held in Aruba, April 22-26 2014.

Swimming in the *15-17 age group* will be **Amara Gibbs, Zabrina Holder, Alexis Clarke** and **Kimberley Willoughby**, while the boys will be represented by **Christian Selby** and **Alex Sobers**. Both Amara and Zabrina will be swimming in Carifta for the last time. **GOOD LUCK GIRLS.**

Damon St Prix, Luis Sebastian Weekes, Jack Kirby, Kent Mullings, Hannah Gill, McKayla Treasure, Margaux Harvey-Read and **Rebecca Lashley** will fly Barbados' flag in the *13-14 age group*. Participating for the first time at Carifta, **Nkosi Dunwoody** is the sole male in the *11-12 group* but the girls will field a full team composed of **Destiny Harding** and newcomers **Ashley Weekes, Danielle Titus** and **Zakiyah Weekes**.

Alexis Clarke, Kobi Talma and **Nicholas Hall** take to the water in the *5K swim* which will be held on Saturday, April 26, 2014.

The team will be accompanied by Head Coach **Abdul Sharif**, Assistant Coach **Antonio Petrolanda**, Team Manager **Andrea Titus**, Chaperon **Samantha Clarke**, as well as by Team Doctor **Asha Pemberton-Gaskin** and Masseuse **Sabrina Hinds**. ■

GOOD LUCK TEAM BARBADOS.

Barbados Swim Team (L-R): 1st Row; Head Coach - Abdul Sharif, Asst. Coach - Antonio Martinez Petrolanda, Manager - Andrea Titus, Chaperon and Open Water Team Manager - Samantha Clarke | 2nd Row; Team Doctor - Asha Pemberton-Gaskin, Team Masseuse - Sabrina Hinds, Luis Sebastian Weekes, Kent Mullings, Damon St Prix | 3rd Row; Mckayla Treasure, Danielle Titus, Margaux Harvey-Read, Amara Gibbs | 4th Row; Nkosi Dunwoody, Destiny Harding, Kobi Talma, Rebecca Lashley, Alexis Clarke | 5th Row; Jack Kirby, Christian Selby, Alex Sobers, Ashley Weekes | 6th Row: Zakiya Weekes, Kimberley Willoughby, Zabrina Weekes, Nicholas Hall, Hannah Gill.

CONGRATULATIONS

BASA Long Course National Championship Swim Champions

*Congratulations to the following swimmers who emerged as age group champions at the **BASA Long Course National Championship** held March 4-9, 2014 at the Aquatic Centre.*

8 & Under Girls

Adia Deane, Heatwave Aquatics - 61 pts.

8 & Under Boys

Rufus Bernhardt, Titans Aquatics Swim Team - 61 pts.

9-10 Girls

Kayla Smith, Alpha Sharks Swim Club - 85 pts.

9-10 Boys

McCallum Clarke, Alpha Sharks Swim Club - 85 pts.

11-12 Girls

Danielle Titus, Alpha Sharks Swim Club - 107 pts.

11-12 Boys

Nkosi Dunwoody, Alpha Sharks Swim Club - 139 pts.

13-14 Girls

Hannah Gill, Pirates Swim Club - 83 pts.

13-14 Boy

Luis Sebastian Weekes, Pirates Swim Club - 121 pts

15-17 Girls

Amara Gibbs, Titans Aquatics Swim Team - 93 pts.

15-17 Boys

Alex Sobers, Alpha Sharks Swim Club - 86 pts.

18-24 Men

Marius Bernhardt, - Titans Aquatics Swim Team - 959 pts

25 & Over Men

Kyle Dougan, - Black Sands Swim Squad - 27 pts.



8 and Under Age Group Champions Aida Deane and Rufus Bernhardt



9-10 Age Group Champions Kyla Smith and McCallum Clarke



11-12 Age Group Champions Danielle Titus and Nkosi Dunwoody



13-14 Age Group Champions Hannah Gill and Luis Sebastian Weekes



15-17 Age Group Champions Alex Sobers and Amara Gibbs



High Point Male and Female Alex Sobers and Hannah Gill

CONGRATULATIONS BASA Long Course National Championship Swimmers



18-24 Age Group Champion Marius Bernhardt

Upcoming Events

March 4-9, 2014

BASA Long Course Nationals
The Aquatic Centre, Barbados

April 22-26, 2014

XXIX CARIFTA Swimming Championships
Savaneta, Aruba

May 9-10, 2014

BASA Long Course Distance Open
The Aquatic Centre, Barbados

May 23-25, 2014

23rd Annual Aquatic Centre International Invitational
The Aquatic Centre, Barbados

June 27-July 7, 2014

Caribbean Island Swimming Championship
The Aquatic Centre, Barbados
and Carlisle Bay, Barbados



Christian Selby Anchors Baylor's Record Breaking 200IM

In what is described by *Speedo Performance of the Week* as "a very tough 200 medley relay" at the Tennessee State High School Championships' held February 2014, Baylor School's 200 IM team with anchor Barbadian and Pirates Swim Club member, *Christian Selby* (20.08) (*extreme left in photo*), combined to break the Bolles School record for the event, established in November 2012.

The Baylor team emerged as posting the fastest high school relay in history. ***Keep the Flag flying, Christian.***

BASA CELEBRATED OUTSTANDING PERFORMANCES IN ANNUAL AWARD CEREMONY

The Barbados Amateur Swimming Association celebrated the outstanding performances of its swimmers at its annual awards ceremony held at the Radisson Aquatica Resort on Saturday, February 22, 2014.

Danielle Titus' 20 records breaking swims earned her the *Most Outstanding Junior Female* award for 2013. Danielle was also named the *Most Valuable Female* for her performance the Goodwill Swim meet held in Barbados, August 16-18, 2013 while **Nkosi Dunwoody** received that *Most Valuable Male* award for his performance at the same meet.

Damon St Prix was named the *Most Valuable Swimmer* at CARIFTA 2013 while **Luis Sebastian Weekes** captured the *Most Outstanding Junior Male* award 2013 for his 24 records as well as the *Most Valuable Swimmer* award winner the 11-12 age group champion at the Central American and Caribbean Amateur Swimming Confederation (CCCAN) swimming championship 2013.

At the senior level, **Hannah Gill** was named the *Most Outstanding Female Swimmer* for 2013 as well as *Best Overall Female Performer* at the FINA World Junior Swimming Championship. **Christian Selby** was named the *Most Outstanding Senior Male* for 2013 as well as the *Most Outstanding Swimmer* at Carifta 2013, CCCAN 2013 and the *Best Overall Male performer* at FINA World Junior Championship 2013.

The award for the *Best Female Performance in Open Water* went to **Vanessa Keany** while **Jonathan Manning** received the award for the *Best Male Performance in Open Water*.

Antonio Petrolanda was named 2013 Coach of the Year.



Damon St Prix receiving trophy from coach Abdul Sharif.



Luis Sebastian Weekes receives award from BASA 1st VP Neil Titus while BASA President Andrew Kirby looks on.

Receiving awards for National Record Breaking swims were:

Aza Dunwood - 1 record

Tai Garrert - 1 record

Destiny Harding - 1 record

Rebecca Lashley - 1 record

Christopher Pollard - 1 record

Lee Ann Rose - 1 record

Sariyah Sherry- 1 record

Shannon Smith- 1 record

Amara Gibbs - 2 records

Ashley Weekes - 2 records

Kimberley Willoughby - 2 records

Kobi Talma - 4 records

Jack Kirby - 11 records

Nkosi Dunwoody - 13 records

Damon St Prix - 14 records

Danielle Titus - 20 records

Luis Sebastian Weekes - 24 records



Back Row: l-r: Kimberley Willoughby, Amara Gibbs, Luis Sebastian Weekes, Hannah Gill, Danielle Titus, Damon St Prix, Rebecca Lashley,

2nd row: Jack Kirby, Nkosi Dunwoody, Kobi Talma, Ashley Weekes, McKayla Treasure, Rebecca Lashley, Destiny Harding, Zabrina Holder

Front: Aza Dunwoody, Christopher Pollard.



Coach of the Year Antonio Petrolanda with Danielle Titus.



BASA 1st VP Neil Titus presents award to Hannah Gill.



Gabriel Mayers swims towards goal with the ball.

Barbados Gains **FINA Accredited Water Polo Referees**

Congratulations to **Luke St. John** and **Andre Ferdinand** who are now **FINA Accredited Referees**. Both Luke and Andre refereed at CCCAN in 2013 and Luke will be part of the referee pool at Carifta in Curacao. Andre who is currently studying in London, England has been accredited by the London Water Polo League and in September will be accredited by the United Kingdom National League. *Congrats to both young men.*



Andre Ferdinand

Barbados Fields Under- 19 Team for **Carifta Water Polo**

Twelve Under-19 players will participate in the *Carifta Water Polo Championships* to be held in Curacao May 1- 5, 2014. Barbados Water Polo Club members **Adam Gibbs**, **Gabriel Mayers**, **Brennon Carter**, **Simon Wilkie**, **Gabriel Gumby**, **Eric Taylor**, **Matthew Murphy**, **Shane Evelyn**, **Britain Ellis**, **Michael Walton**, **Akeem Nurse** and **Xavier Smith-Taylor** will make up the team. The players will be accompanied by **Ryan Forde**, Coach, **Natalia Parris**, Manager and **Mark Murphy**, Chaperon.

The Club also expects to field an Under-19 team at the upcoming *Caribbean Islands Swimming Championships* which will be held in Barbados from June 27-July 1.

Barbados Open Invitational Water Polo Tournament

Look out for the Barbados Open Invitational Water Polo Tournament (BOIWT) which will take place August 15-17, 2014. To date, four teams have indicated that they will be participating in the tournament.

Look out for the 3rd Friends of Open Water Swim

The Flying Fish Barbados Masters will be holding its *3rd biannual open water swim* on the West coast of the island on Monday April 28th.

And like the previous swims, three distances are on the program. A short swim of 1.5 kilometres, as well as 3 and 5 kilometres.

Since the Masters are continuously seeking to improve the event, the decision was made to change the courses. Instead of swimming from one point to another, there will be "turn buoys" placed at three different points from the start at Batts Rock. So, those swimmers doing the 1.5 kilometres will swim North for 750 metres, turn and head back to the start. The same goes for the other two distances. The swimmers in the 3 kilometres will turn at the

1.5 kilometres mark and head back to Batts Rock. And finally the swimmers going 5 kilometres will swim 2.5 kilometres and return to Batts Rock. This will make it a lot easier for the paddle boarders, kayakers, etc. as well as avoid the organisation of carpooling.

Swimmers will meet at Batts Rock where the event will start and finish, and will stay on for our usual beach breakfast get together.

As usual, no entry fee will be charged. However, we will expect everyone to contribute with food items, beverages, plates, cups, forks, spoons, napkins, etc. ■

For information on this event, please email us at flyingfishbim@yahoo.com.



2013 Hometown Starters



2013 Weston Starters

BARBADOS IS THE VENUE FOR THE 2014 CISC CHAMPIONSHIPS

BASA will be the host of the XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIPS

which will be held in Barbados from June 27 - July 7, 2014. Swimmers from over 20 countries including, Cuba, Guadeloupe, Martinique, Suriname and Bermuda will be competing in the pool and open water, as well as in synchronized swimming and water polo.

BASA is inviting corporate Barbados to join in making the championship a resounding success by becoming:

- Title sponsor
- Major sponsor
- Team sponsor
- Swim partner
- Lanes sponsors
- Water polo match sponsors and
- Open Water Sponsors

Companies may also advertise in the *Official 2014 Caribbean Island Swimming Championships Souvenir Booklet* which will be distributed to athletes, team officials and spectators during the course of the event. The booklet will also be published on the *BASA Website* for full viewing, with a supplement listing the final results from all events, upon the completion of the championships. Advertisers are guaranteed a regional audience of over 1,000 viewers, and competitors specifically, will treasure it as a commemorative souvenir of this event. Vat inclusive advertising rates (in Barbados dollars) and ad sizes are listed.



Inside Front cover :

8" (w) x 10 1/2" (h) \$1,300.00

Inside Back cover :

8" (w) x 10 1/2" (h) \$1,200.00

Full Page

8" (w) x 10 1/2" (h) \$1,000.00

Half page vertical :

3 5/8" (w) x 9 5/8" (h) \$600.00

Half page - horizontal :

7 1/2" (w) x 4 3/4" (h) \$600.00

Quarter page :

3 5/8" (w) x 4 3/4" (h) \$350.00

Contact BASA office 429 7946 for detailed information.

Training Tips/Parents Questions

BASA News wishes to hear from our parents. Please feel free to email questions about any aspect of swimming or swim training to **BASANEWS@gmail.com** and we will try to provide a response, with input, from either our coaches or from one of our other swim experts.

BASA EXECUTIVE 2013

Mr Andrew Kirby
President

Mr Neil Titus
First Vice President

Mr Tony Selby
Second Vice President

Mr Byran Weekes
Secretary

Ms Avion Jordan
Treasurer

BASA NEWS is a quarterly publication of the Barbados Amateur Swimming Association.

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Melanie Yearwood



The Aquatic Centre

Call the Aquatic Centre any day at 246-429-7946, fax 246-436-2272 or email basa@caribsurf.com to reserve pool space.